

Americans with Disability Advisory Council Minutes

Date: Tuesday, March 1, 2022

Time: 5:30 p.m.

Location: Zoom

Council Members Present:

Travis Davis, Chair
Diane Mourning Brown, Vice-Chair
Manuel Baca
Pamela Britton
Kerry Houlihan
Roger Robb

City Staff Present

Leigh Brunner, Assistant City Attorney
Jordan Vargas, Title II ADA Coordinator
Crystal Velarde, Minute Taker
Shaun Nashboo, Sr. Constituent Service Rep.
Agnes Vallejos, Sr. Affairs

Council Members Not Present

Rand Lara Porter-Park

Members of the Public

Adam White
Matthew Loehman
Maria Garcia
Denise Balderas
ASL Interpreters

- I. Call to Order**
 - a. The meeting was called to order at 5:38 pm with Chair Davis, Vice-Chair Mourning-Brown and members Baca, Britton, Houlihan, and Robb.
- II. Approval of Agenda**
 - a. Member Baca moved to approve the agenda, and Chair Davis seconded the motion. Other council members unanimously approved the motion.
- III. Approval of March 1, 2022, Minutes**
 - a. Member Houlihan moved to approve the March 1, 2022, minutes and Member Britton seconded the motion. Other council members unanimously approved the motion.
- IV. Introductions**
 - a. All who were present introduced themselves.
- V. Public Comment**
 - a. Public comment was provided by Matt Loehman. Public comment was also given throughout the meeting.
- VI. Q&A with State Treasurer Candidate Laura Montoya**
 - a. Item was removed from the agenda.
- VII. Presentation on Adaptive Fitness App TruFit with Co-Founder Adam White**
 - a. Co-founder of TruFit, Adam White and his brother have created an inclusive work-out app. After working with many different organizations to make the app as inclusive as possible, they were able to launch their app two weeks ago. In the app users are able to filter out exercises that are not applicable to them. For

example, if you use a wheelchair you are able to select the seated adaptive option. This will then filter out any exercise that require you to stand. The app also offers a way to track your progress, or join groups and challenges.

- b. TruFit YouTube channel is Get TruFit. They hold live classes Monday at 2pm, Wednesday and Friday at noon. Each class is about one hour.
- c. Contact information for Adam White was provided as follows: Email: adam@gettrufit.com, phone: 337-412-2656.

VIII. Discuss Sub-Committees for a Vote

Council discussed different sub-committees and what they would like to see as a Council. No sub-committees were voted on and no members were assigned at this time.

IX. Adjournment

- a. The meeting adjourned at 6:58 pm.

The next regularly scheduled ADA Advisory Council Meeting will be Tuesday, June 7, 2022.

Travis Davis
Travis Davis, Chair

6/15/22
Date